

2023-2024 Female Standards - Ontario Festival Championships						
10&U	11	12	EVENT	12	11	10&U
LCM	LCM	LCM		SCM	SCM	SCM
38.13	33.76	32.17	50 Fr	31.54	33.10	37.38
1:24.55	1:13.85	1:09.63	100 Fr	1:08.26	1:12.40	1:22.89
3:06.25	2:41.41	2:31.91	200 Fr	2:28.93	2:38.25	3:02.60
6:30.13	5:47.00	5:24.51	400 Fr	5:18.15	5:40.20	6:22.48
	11:51.03	10:59.34	800 Fr	10:46.41	11:37.08	
1:36.70	1:24.92	1:19.64	100 Bk	1:18.09	1:23.25	1:34.81
3:28.88	3:01.45	2:50.90	200 Bk	2:47.55	2:57.89	3:24.78
1:49.42	1:38.11	1:32.31	100 Br	1:30.50	1:36.19	1:47.27
	3:29.94	3:17.27	200 Br	3:13.40	3:25.82	
1:42.22	1:28.08	1:21.75	100 FI	1:20.16	1:26.36	1:40.22
	3:22.55	3:05.67	200 FI	3:02.03	3:18.58	
			100 IM			1:34.12
3:32.06	3:05.28	2:54.57	200 IM	2:51.15	3:01.65	3:27.90
	6:30.33	6:07.35	400 IM	6:00.15	6:22.67	

2023-2024 Male Standards - Ontario Festival Championships						
10&U	11	12	EVENT	12	11	10&U
LCM	LCM	LCM		SCM	SCM	SCM
37.93	34.03	31.44	50 Fr	30.82	33.36	36.68
1:26.21	1:14.90	1:09.10	100 Fr	1:07.75	1:13.44	1:24.51
3:11.86	2:44.57	2:30.85	200 Fr	2:27.90	2:41.34	3:08.10
6:40.07	5:53.43	5:25.58	400 Fr	5:19.20	5:46.50	6:32.23
	12:23.73	11:07.78	800 Fr	10:54.69	12:09.15	
1:39.46	1:25.97	1:20.70	100 Bk	1:19.12	1:24.29	1:37.52
3:38.82	3:05.67	2:51.42	200 Bk	2:48.06	3:02.03	3:34.53
1:53.83	1:40.22	1:31.78	100 Br	1:29.99	1:38.25	1:51.61
	3:39.43	3:17.27	200 Br	3:13.40	3:35.12	
1:47.21	1:30.72	1:21.23	100 FI	1:19.64	1:28.95	1:45.11
	3:46.81	3:08.83	200 FI	3:05.14	3:42.37	
			100 IM			1:36.19
3:35.42	3:07.43	2:54.57	200 IM	2:51.15	3:03.75	3:31.20
	6:56.70	6:14.85	400 IM	6:07.50	6:48.53	